

wondr™ | FORMERLY
NATURALLY SLIM



The science of enjoying bacon and eggs.



**Finally, a skills-based digital weight loss program
where you can eat what you love and still lose
weight—at no cost to you.***

Scott and White Health Plan is offering you Wondr™—a digital weight loss program that teaches the science of health and nutrition, so you can enjoy the foods you love. No counting calories. No restrictions. No guilt. So, go ahead, eat the bacon and eggs and savor Every. Last. Bite.

Give us three weeks to show you that our simple clinically proven skills can change your life. In exchange, we'll send you our signature Wondr water bottle!

Enrollment is open!

Learn more and apply at wondrhealth.com/SWHP

*Employees, spouses, and adult dependents (ages 18 and older) on the Scott and White Health Plans are eligible to apply.